



Cosmos And Lillies

Beginner Sewing Checklist

What you actually need to get started

TOOLS YOU NEED

*You can find these products on Amazon and/or at Walmart****

- Basic sewing machine
Beginner-friendly machine recommended. Check reviews for ease of use, reliability, and durability before buying.
- Thread (basic thread for the top)
- Thread (bobbin thread for the bobbin)
- Fabric scissors
(Use only for fabric)
- Pins or clips
- Pin cushion
- Seam ripper
(Mistakes are part of learning)
- Ruler or measuring tape
- Fabric chalk
(For tracing and marking lines)
- Sewing mat
(Helpful, not required)

FABRIC TO START WITH

- ☐ Cotton
- ☐ Quilting cotton
- ☐ Medium-weight fabric
- ⊘ Avoid stretch fabrics, silk, and denim when starting out

Where To Start

- ☐ Thread your machine (YouTube videos can help most people with their machine type)
- ☐ Practice sewing straight lines

What To Sew

- ☐ Create a simple tote bag
- ☐ Create a pillow or pillow case

YOU GOT THIS!

You don't need everything at once.
Start simple. Learn as you go.

If you need hands on guidance I am here to help.

Register for my 4-week In-Person Beginner Sewing Classes at
www.cosmosandlillies.com.